



dementia caregiving in Texas

DATA FROM THE 2021 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

More than 1 in 5 caregivers in Texas (21.8%) is providing care to an individual with Alzheimer's or other form of dementia.

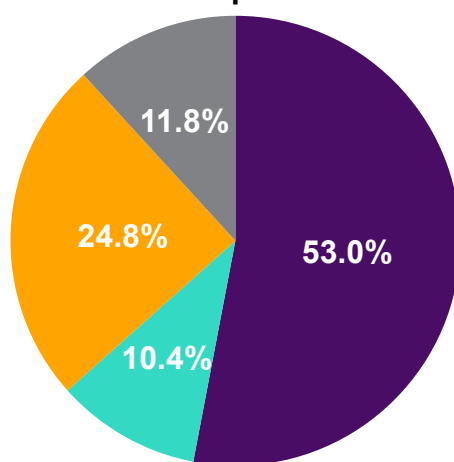
Who are dementia caregivers?

Female	70.0%
Male	30.0%
Urban	96.4%
Rural	3.6%
Also caring for a child	28.9%

Health Effects

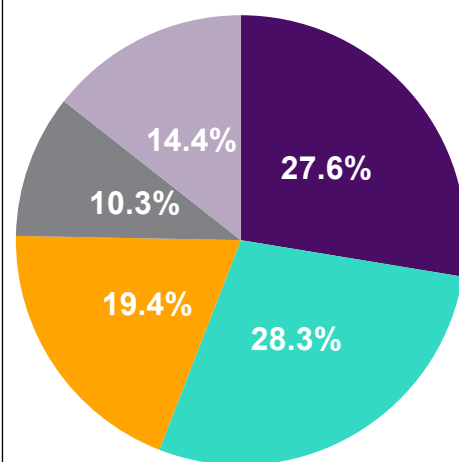
In frequent poor physical health	11.2%
In frequent poor mental health	23.3%
History of depression	26.7%

Relationship to Care Recipient



■ Child/Child-in-Law ■ Partner/Spouse
■ Other Relative ■ Non-Relative

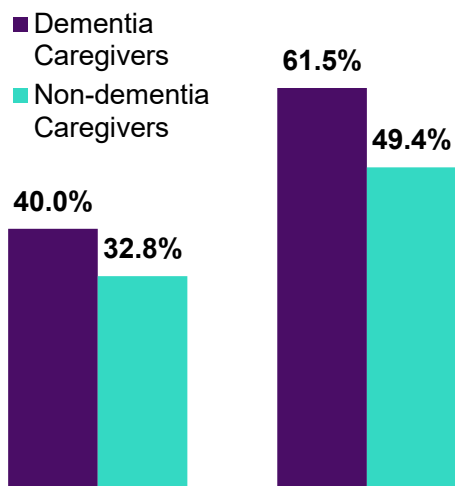
Age



■ 65+ ■ 55-64 ■ 45-54
■ 35-44 ■ Under 35

What does dementia caregiving entail?

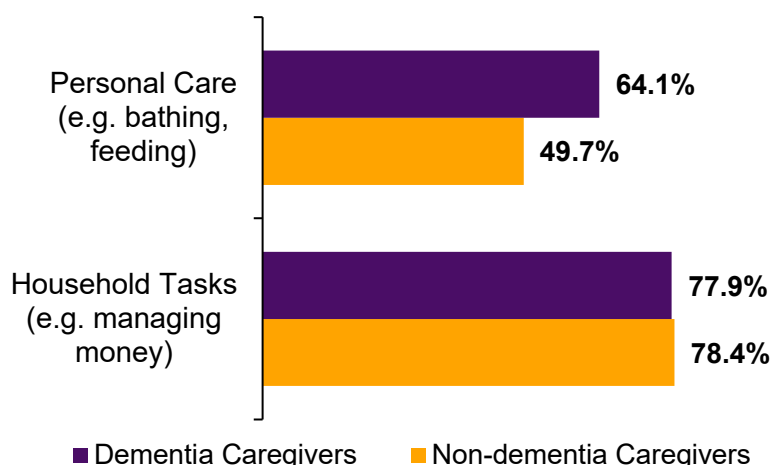
Length of Care



Providing 20 or more Hours of Care/Week

Providing Care for 2 or more Years

Type of Assistance Provided



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