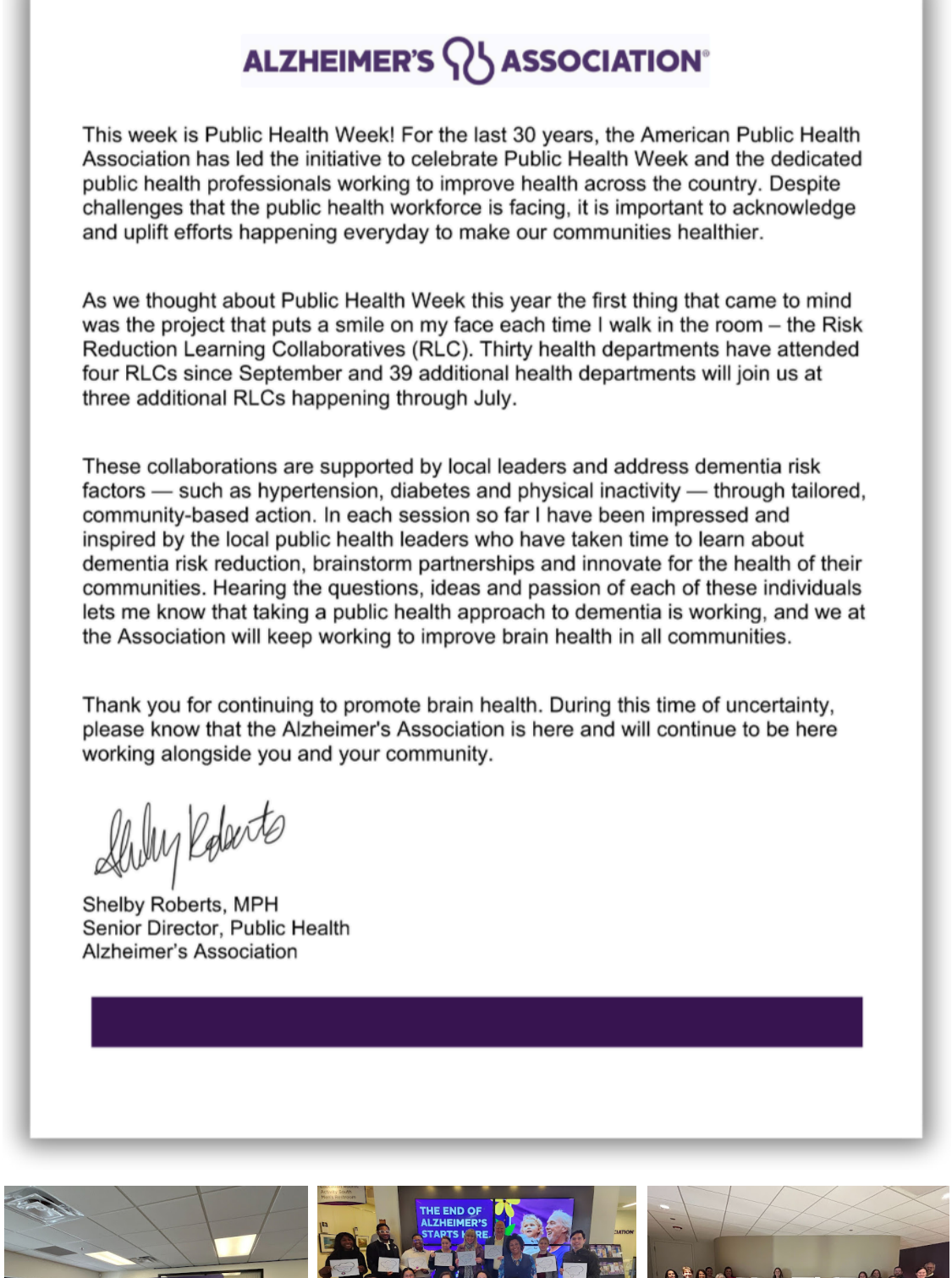


April 2025

Community Action, New Resources & Research on Dementia Risk

This edition highlights how public health leaders are addressing dementia risk at the local level and introduces new resources, funding opportunities and research findings.

- ✓ [Letter from Alzheimer's Association Senior Director of Public Health](#)
- ✓ [New dementia-focused public health curriculum and microlearning series now available](#)
- ✓ [Funding opportunities for respite providers and dementia care innovation](#)



Risk Reduction Learning Collaborative cohorts, hosted by the Alzheimer's Association. From left to right, Phoenix, AZ; Houston, TX; and Chicago, IL.

Expand Your Knowledge with Two Virtual Learning Opportunities

1. Public Health and Dementia Curriculum Module Now Available



The latest module in the free, online *Public Health Approach to Dementia* curriculum is now available. *Public Health and Dementia – Part 2: Implementing Public Health Strategies for Dementia* focuses on how the [Healthy Brain Initiative Road Map](#) can be used to implement actions to address brain health, dementia and caregiving through a public health approach. Enroll in the new module and others at alz.org/publichealthcurriculum.

[View Course](#)

Missed the Launch Webinar?

View last month's webinar for an overview of the new module, including how the curriculum can be integrated into workforce training, public health initiatives and student coursework. This [webinar](#) and all recordings on the [Public Health playlist](#) are available on the Alzheimer's Association YouTube channel.

2. New Microlearning Series Available: Modifiable Risk Factors for Dementia

A new, eight-part microlearning series on modifiable dementia risk factors is now available from the BOLD Public Health Center of Excellence on Dementia Risk Reduction. Designed for public health professionals and clinicians – and presented by leading dementia researchers – each video reviews the state of the science on a modifiable risk factor and what it means for public health. The series includes brief videos on:

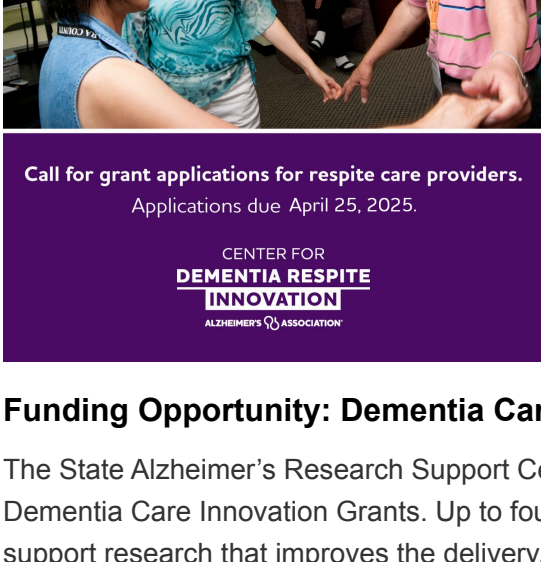
- Physical activity
- Sleep
- Diabetes and obesity
- Traumatic brain injury
- Vascular risks
- Diet and nutrition
- Tobacco use
- Cognitive engagement

Continuing education credits are available for physicians, nurses and pharmacists. Detailed [science summaries](#) for each risk factor are also available to support learning and application.

[View Series](#)

Funding Available to Strengthen Dementia Care

Funding Opportunity: Expand Dementia-Capable Respite Care

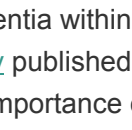


The Alzheimer's Association is accepting applications for the Center for Dementia Respite Innovation (CDRI) grant. The CDRI is a groundbreaking initiative dedicated to making respite services (such as adult day centers and in-home services) more dementia-capable to ensure the best person-centered care possible. Providers can learn more and apply at alz.org/CDRI.

Applications are due April 25.

Funding Opportunity: Dementia Care Innovation Grants

The State Alzheimer's Research Support Center (StARS) is accepting applications for its Dementia Care Innovation Grants. Up to four projects will receive up to \$100,000 each to support research that improves the delivery, evaluation or accessibility of dementia care at the state level. Eligible applicants include state and local governments, nonprofits, academic institutions and tribal governments. Letters of intent are due on May 23. [Learn more](#).



Research Roundup

Subjective Cognitive Decline Doubles Likelihood of Developing Dementia

Older adults reporting subjective cognitive decline (SCD) were twice as likely to develop dementia within eight years than older adults who did not report SCD, according to a new [study](#) published in the *Journal of Aging and Health*. For public health, this underscores the importance of collecting SCD data through the [Behavioral Risk Factor Surveillance System](#) to understand the potential future burden of dementia and to identify populations most at risk.

Individuals with Dementia More Likely to Receive Telehealth Care

Individuals with dementia were among the most likely to receive care via video visits compared with those who had other chronic conditions, according to new [research](#). Published in *JAMA*, the study analyzed outpatient primary care encounters from Veterans Health Administration records and found that 10.7% of dementia-related visits occurred via video, the highest for all conditions. Telehealth can help break down unique barriers to care that are often experienced by individuals with a cognitive impairment.

Early Education Environment Shapes Brain Health in Later Life

Black individuals attending the most heavily segregated elementary schools had lower cognitive scores and a higher likelihood of cognitive impairment and dementia in later life than those who experienced less segregation in school, according to a recent [study](#) in *JAMA*. The study found that 37% of those from highly segregated elementary schools showed signs of cognitive impairment, compared with 28% among those from schools with lower rates of segregation. Dementia rates were 50% higher among those who were highly segregated.



Stay in school

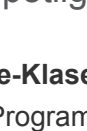
Education reduces the risk of cognitive decline and dementia. Encourage youth to stay in school and pursue the highest level of training possible. Continue your own education by taking a class at a local library or college, or online.

Education and Dementia Risk

The BOLD Public Health Center of Excellence on Dementia Risk Reduction has two resources highlighting the link between education and dementia risk:

[Education Science Summary](#) — A brief overview of how educational access and quality shape brain health across the life course.

[Quality Education Social Determinant of Health Infographic](#) — A visual snapshot of key findings and community strategies to promote education as a protective factor.



Spotlight on Practice

Spotlight on Practice: Pima County Health Department

Lee Itule-Klasen
Senior Program Manager, Non-Communicable Disease Prevention

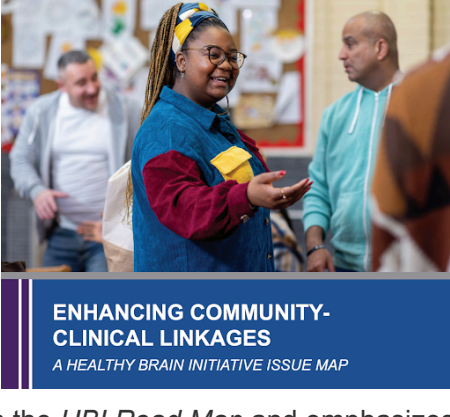
The BOLD Public Health Center of Excellence on Dementia Risk Reduction partnered with Lee from Pima County Health Department to host two community convenings in South Tucson, Arizona. These community convenings brought partners from a variety of sectors together to identify local health priorities, discuss key risk factors and outline strategies to reduce dementia risk and improve overall health in South Tucson.

Proudest Achievement:

The convenings helped bridge new partnerships to support sustained action. With support from the health department's Tobacco Prevention Program, participants of the community convenings are hosting focus groups to launch a community-driven media campaign on smoking and dementia risk. The process also created pathways to connect dementia risk reduction with broader wellness priorities in Latino/Hispanic communities.



Enhancing Community-Clinical Linkages with the HBI Road Map



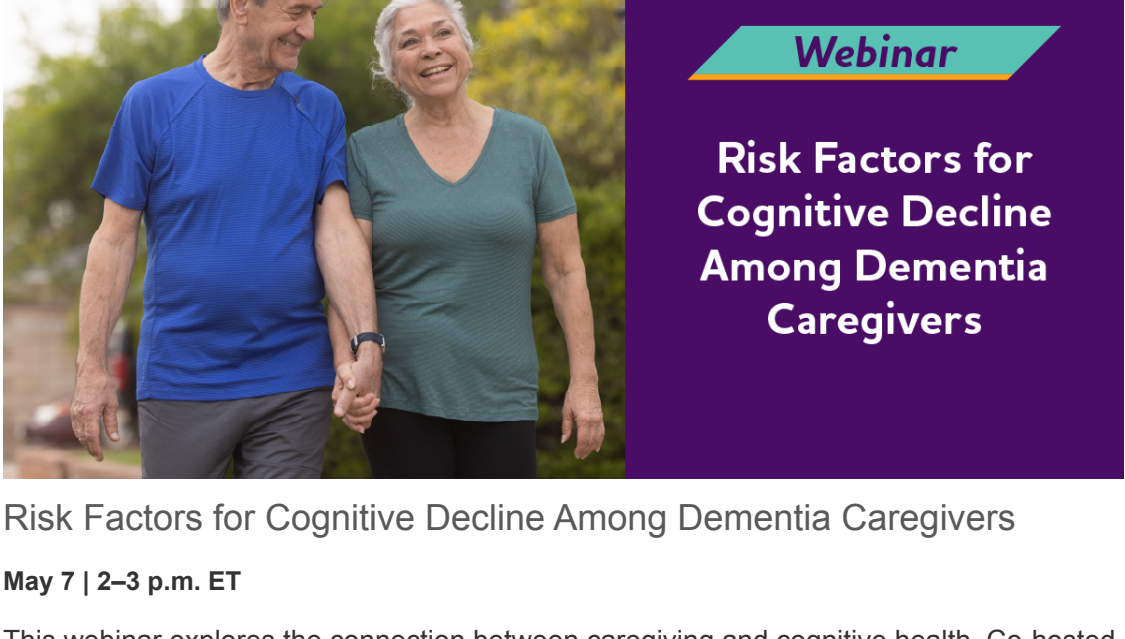
Community coverings help establish connections between clinical providers and community-based organizations.

[Enhancing Community-Clinical Linkages, Healthy Brain Initiative \(HBI\) Issue Map](#) highlights the role of public health in building strong community-clinical linkages to improve chronic disease risk reduction.

This resource outlines actionable strategies from the *HBI Road Map* and emphasizes how partnerships across sectors — such as health care, community organizations and non-traditional partners — can advance brain health across the life course.



Upcoming Webinars



Risk Factors for Cognitive Decline Among Dementia Caregivers

May 7 | 2–3 p.m. ET

This webinar explores the connection between caregiving and cognitive health. Co-hosted by the BOLD Public Health Centers of Excellence on Dementia Risk Reduction and Dementia Caregiving, the session will review newly-released data on dementia risk factor prevalence among dementia caregivers and explore how data can help focus efforts to address health and well-being among caregivers for people living with dementia.

[Register](#)

ECHO® Series on Dementia and Intellectual Disabilities

Begins April 21 | 12–1:15 p.m. ET

The *National Task Group on Intellectual Disabilities and Dementia Practices* and its partners are hosting a new Project ECHO series, *Growing Older with Lifelong Intellectual Disabilities: When Dementia is Suspected or Diagnosed*. This free, interactive learning program is designed for health care and human service providers who support individuals with intellectual and developmental disabilities affected by dementia. [Learn more](#).

ECHO® Series for Dementia Care Specialists

Begins April 23 | 2–3 p.m. ET


The UCLA Alzheimer's and Dementia Care Program, in partnership with the Alzheimer's Association, is hosting a free Project ECHO series for teams implementing or expanding dementia care programs. Sessions feature case-based learning and brief presentations on topics such as caregiver support, advance care planning and quality improvement. CEUs and a certificate of completion are available. [Learn More](#).


Get Started at alz.org/PublicHealth


 **HBI Road Map**

 **State Resources and Data**

 **10 Healthy Habits for Your Brain**

 **HBI Road Map for AI/AN Peoples**

 **Public Health and Dementia Curriculum**

 **10 Early Signs of Alzheimer's**

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The Alzheimer's Association is the leading voluntary health organization in Alzheimer's care, support and research. Our mission is to lead the way to end Alzheimer's and all other dementia — by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support. Our vision is a world without Alzheimer's and all other dementias.

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